



香港防癆心臟及胸病協會
The Hong Kong Tuberculosis, Chest and Heart Diseases Association

Seminar on Common upper limb musculoskeletal disorders 常見上肢肌骨病症及治療 and their management for Nurses



Date : 20th February 2016 (Saturday)
Time : 9:30am to 11:45am
Venue : Lecture Theatre, LG 1, Ruttonjee Hospital,
266 Queen's Road East, Wan Chai, Hong Kong
CNE : 2 points per module (to be confirmed)

Date	Topic	Speaker
20 th February 2016 9:30am to 11:45am	<ul style="list-style-type: none">• Overview of common upper limb musculoskeletal disorders• Physiotherapy management, ergonomic advice and activity modification• Prevention of work-related upper limb musculoskeletal injuries	Mr. LUK Ting Yu, Oliver , Physiotherapist I, Family Medicine & Primary Health Care, Hong Kong East Cluster

Registration form can be downloaded at our Website

Enquiry: 2834 9333 (Mr. HO) Fax: 2834 5522 Website: www.antitb.org.hk/zh/upcoming.asp



Seminars on “Common upper limb musculoskeletal disorders and their management” for Nurses

Objectives

- To strengthen, update and develop knowledge of nurses on the topic of upper limb musculoskeletal disorders.
- To enhance the skills and technique in daily practice.

Targets

Nurses from all aspects

Contents and speakers

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20 th February 2016 9:30am to 11:45am	<ul style="list-style-type: none">Overview of common upper limb musculoskeletal disordersPhysiotherapy management, ergonomic advice and activity modificationPrevention of work-related upper limb musculoskeletal injuries	Mr. LUK Ting Yu, Oliver , Physiotherapist I, Family Medicine & Primary Health Care, Hong Kong East Cluster

Mode of delivery

Lecture & discussion session. The teaching medium will be mainly in Cantonese supplemented by English as necessary.

Venue

Lecture will be held at: **Lecture Theatre, LG 1, Ruttonjee Hospital, 266 Queen’s Road East, Wan Chai, HK. (*Parking space is NOT available*)**

CNE points

Participants can be accredited **2 points of Continuing Nursing Education** for each module (to be confirmed)

Course Fee

\$200 (non-member of our Centre) or \$150 (member of our Centre)

Registration Method

Please mail completed form with payment (**cheque only**) to: **The Hong Kong Tuberculosis, Chest and Heart Diseases Association, 266 Queen’s Road East, Wan Chai, Hong Kong.**

Registration could not be cancelled or modified after confirmation.

(Cheque payable to “The Hong Kong Tuberculosis, Chest and Heart Diseases Association”)

Number of Participants

Seats are limited, first come first served.

Note

- Training materials will be distributed on each module if available.
- Certificate will be awarded to participants who have attended the lecture.



**Seminars on “Common upper limb musculoskeletal disorders
and their management” for Nurses**

Registration Form

Please ✓ your choice

	(20th February 2016)
<i>Non-member of our Centre (\$200 per each module)</i>	<input type="checkbox"/>
<i>Member of our Centre (\$150 per each module)</i>	<input type="checkbox"/>

Personal Particulars

Title: Prof. Dr. Mr. Mrs. Ms. Miss Others

Name: _____(Chi) _____(Eng)

Department / Post: _____

Institution _____

Telephone: _____ Mobile: _____ Fax: _____

{Please fill in the fax number / email address for sending the confirmation letter}

Email Address: _____

Mailing Address: _____

Cheque : _____(Bank) _____(Cheque Number)

**[Cheque payable to: “The Hong Kong Tuberculosis, Chest and Heart
Diseases Association”]**

[Please put down your name and contact number at the back of the cheque]

All personal information will be used for records only.